

Step 12 Parts 1 and 2 of 3 // Twelve and Twelve Notes

1 2 3 4 5 6 7 8 9 10 11 STEP 12

You cannot keep it unless you give it away. 

Discussion points as we read:

1. *Part I, p106-109: Spiritual Awakening*
 - a. *P106,107: Talk about: the spiritual awakening you've had as THE result of working these steps*
 - i. *Haven't worked this step? How has your spirit 'awakened' since starting the steps?*
 - b. *P108: Reviewing all the steps to this point: Does your experience with the steps so far differ from the process outlined on p108? How?*
 - c. *P109: Discuss seeing this change in others*
 - d. *P109: Why is the "spiritual angle" in quotes here? Do you still believe there is a "spiritual angle" (or spiritual side) to the program of AA?*
2. *Part II, p109-111: Carrying the Message to the Alcoholic who still Suffers*
 - a. *P109: Discuss: your experience with trying to help "his brother alcoholic", even when you were/are "the newest of newcomers"*
 - b. *P110: Discuss: your positive experiences with a "Twelfth Step job well done"*
 - c. *P110: "even for those of us who feel unable to speak at meetings or ... who cannot do much face-to-face twelfth step work" Have you used this as an excuse to avoid being uncomfortable? Discuss the risk here. P110*
 - d. *P111: Discuss: your experience with "12th step experiences where we will seem to be temporarily off the beam"*
 - e. *P111: Discuss: maintaining humility while carrying the message*
3. *Part III, p111-125: Practicing these Principles in all our Affairs [separate handout]*

Glossary

Ardent Very enthusiastic or passionate. (p111)

Balked Hesitate or be unwilling to accept an idea or undertaking (p108)

Elated In high spirits; exultant or proud. (p111)

Hitherto Until now or until the point in time under discussion (p107)

Keenly In an eager or enthusiastic manner. (p108)

Paradox A seemingly absurd or contradictory statement or proposition which when investigated may prove to be well founded or true. (p107)

Rebuffs eject (someone or something) in an abrupt or ungracious manner (p111)

Relinquish Voluntarily cease to keep or claim; give up. (p108)

Succession A number of things of a similar kind following one after the other. (p111)

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Glossary

Acute present or experienced to a severe or intense degree (p117)

Bereavement Deprived of a close relation or friend through their death (p112)

Breadwinner A person who earns money to support their family, often the sole one. (p118)

Calamity An event causing great and often sudden damage or distress; a disaster. (p112)

Catastrophe See 'Calamity' (p113)

"Chips off the same old block" Being similar in fundamental nature (p123)

Clamored A strongly expressed protest or demand from a large number of people. (p120)

Cowed Cause (someone) to submit to one's wishes by intimidation (p123)

Disillusionment A feeling of disappointment resulting from the discovery that something is not as good as one believed it to be. (p114)

Drastic Likely to have a strong or far-reaching effect; radical and extreme. (p114)

Ebb gradually decrease. (p117)

Extricated Free (someone or something) from a constraint or difficulty. (p118)

Fallacies A mistaken belief, especially one based on unsound arguments. (p116)

Fallible Capable of making mistakes or being wrong. (p115)

Fitful Active or occurring spasmodically or intermittently; not regular or steady. (p123)

Fortitude Courage in pain or adversity. (p114)

Grandiose Impressive and imposing in appearance or style, often pretentiously so. (p123)

Indifference Lack of interest, concern, or sympathy. (p112)

Infidelity The action or state of being unfaithful to a spouse or other sexual partner. (p114)

Lingering Lasting for a long time or slow to end. (p114)

Miserly A person who hoards wealth and spends as little money as possible. (p120)

Monotony Lack of variety and interest; tedious repetition and routine. (p112)

Perplexities A complicated or baffling situation or thing. (p117)

Prestige Widespread respect and admiration felt for someone or something on the basis of a perception of their achievements or quality. (p114)

Pomp Vain and ostentatious display. (p124)

Prodigies An amazing/unusual thing, often one out of the ordinary course of nature. (p120)

"Racking Dilemmas" Extremely challenging problems (p125)

Ruinous Costing far more than can be afforded. (p123)

Steadfastly In a resolutely or dutifully firm and unwavering manner. (p112)

Striving Make great efforts to achieve or obtain something. (p118)

Tack a course of action or policy (p115)

Tempered Calmed (p114)