



11TH ANNUAL SPRING FLING CONVENTION

“We Are Not a Glum Lot”



April 26 - 28, 2019

Friday 6:30 p.m. – BBQ & Washers

Friday 8:00 p.m.

Paul McQ – Belle Harbor, NY

Friday 10:00 p.m. Young Person Speaker

Heather B. – Southaven, MS

Saturday Morning 10:00 a.m. Workshop

Rediscovering Happiness in Recovery

Saturday Al-Anon Luncheon 12:00 p.m.

Palmer G. – Miami, FL

Saturday 3:00 p.m. Eastern Area MO

Experience, Strength & Hope
come to Eastern Missouri

Saturday Banquet 6:30 p.m.

Jeff V. – Fargo, ND – 8:00 p.m.

DJ & Dance after Banquet Speaker

Sunday Breakfast 9:00 a.m.

Jane D. – Tallahassee, FL

ACTIVITIES

FRIDAY

BBQ & Washer
Games
Young People's
Meeting
Ice Cream Social
Bingo

SATURDAY

Banquet
Table Trivia
DJ
Dancing
Music Games

Marathon Meetings
All weekend long

Hilton St. Louis Airport

Special Room Rate \$89

MENTION SPRING FLING

Reserve before 3/26/19 for reduced room rate

10330 Natural Bridge Rd

St. Louis, MO 63134

314-426-5500

See website for map

www.springflingstl.com

Spring Fling Chair – Joe B. 314-800-6274

Registration Chair – Jennifer R. 636-634-8283

springflingconvention@yahoo.com

FREE PARKING

PLEASE REGISTER EARLY!!!

PayPal Registration – www.springflingstl.com – Online Room Reservations

CONVENTION REGISTRATION FORM

Please complete and mail to Spring Fling Convention, PO Box 1916, St. Charles, MO 63302

Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.

Make checks/money orders payable to Spring Fling Convention

Name: _____
Phone: _____ AA ☐ Al-Anon ☐

Entering information below gives permission to receive mailings
and/or newsletters from the Spring Fling Only.

Email: _____

Address: _____

City

State

Zip

Pre-Registration or PayPal	\$15	_____
Door Registration	\$20	_____
Friday Night BBQ	\$9	_____
Friday Night Ice Cream Social	\$7	_____
Al-Anon Luncheon Saturday	\$25	_____
Banquet Saturday Night	\$35	_____
Sunday Breakfast	\$15	_____

Hospitality / Scholarship Donation _____

Please list any special needs here: _____

Cut-off for mail-in registration is April 12, 2019

Experience, Strength, and Hope Come to Eastern Missouri



3 PM, April 27, 2019
Main Ballroom

“Our hope is that when this chip of a book is launched on the world tide of alcoholism, defeated drinkers will seize upon it, to follow its suggestions. Many, we are sure, will rise to their feet and march on. They will approach still other sick ones and fellowships of Alcoholics Anonymous may spring up in each city and hamlet, havens for those who must find a way out.”

Alcoholics Anonymous
Page 53